



HOW TO REGISTER



Our winter season will run from October 7th, 2019 to March 12th, 2020. Registration will open on August 19th.

All of our registrations will be available on-line. To register please go to our website, www.burlingtonskatingcentre.ca, click on the registration link and then follow the instructions below. If you already have a family account you may skip Step #1.

1. To begin, go to the log-in button in the top right hand corner (above the Skate Canada logo) to create your family account. Enter the parent (guardian) as the member and your skater(s) as participants. Please make sure you have completed all the required fields before proceeding. **We recommend that you opt into our messages as the majority of our communication is done via email.**
2. Once you have created your Family Account click on "registration" in the menu bar at the top of the page.
You will be taken to the registration page.
3. There is a quick navigation panel on the left side of the screen that lists the programs by level.
4. When you are done choosing your programs, confirm and checkout.
5. All members must register and pay online. If you would like to pay by cash, cheque or debit you must complete your registration in the BSC office. Office hours are Monday, Wednesday and Friday from 9 am to 2 pm, Tuesday and Thursday from 10 am to 7 pm. The office is located at the Appleby Ice Centre just beside the entrance to Ice Pad #4. Please note that our office is not the City of Burlington Customer Service desk.

All registrations require the annual Skate Canada Membership and Safe Sport fees (Sep 1, 2019 - Aug 31, 2020). These fees will automatically be added to your invoice the first time you register during this time period.

For Winter registrations (October-March), all families with participants at the STAR 1 level or higher are required to purchase one Ontario Skaters' Promotional Contest book. This \$40 charge will be added to you winter invoice.

6. BSC reserves the right to make changes to the skating schedule. The cancellation and rescheduling of programs may be necessary due to low enrollment.
7. A \$25 service charge will be applied to all NSF cheques.
8. Please provide a valid email address in order for us to contact you with any program changes.
9. All participants are expected to provide their own equipment. Skates and a CSA approved hockey helmet are required for all of our recreational programs. A cage or facemask is required for Preschool and PreCanSkate. Helmets are required for beginner adults. Advanced adults and skaters who have completed CanSkate Stage 5 may choose to remove their helmets.

BSC Website - www.burlingtonskatingcentre.ca.

BSC office or voicemail - (905) 319-0866

WINTER RECREATIONAL PROGRAMS

2019 - 2020

PROGRAM	DURATION	DAY	TIME	LOCATION	FIRST DAY	LAST DAY	TOTAL* COST
CanSkate	19 weeks	Monday	6:00 – 6:50 pm	Appleby 4	Oct 7 / 19	Mar 9 / 20	\$403
CanSkate	20 weeks	Tuesday	6:30 – 7:20 pm	Appleby 4	Oct 8 / 19	Mar 10 / 20	\$423
CanSkate	20 weeks	Wednesday	6:35 – 7:25 pm	Aldershot	Oct 9 / 19	Mar 11 / 20	\$423
CanSkate	20 weeks	Thursday	6:00 – 6:50 pm	Appleby 4	Oct 10 /19	Mar 12 / 20	\$423
CanSkate	20 weeks	Friday	6:30 – 7:20 pm	Appleby 4	Oct 11 / 19	Mar 6 / 20	\$423
CanSkate	20 weeks	Saturday AM	10:40 – 11:30 am	Appleby 4	Oct 12 / 19	Mar 7 / 20	\$423
CanSkate	20 weeks	Saturday PM	4:40 – 5:30 pm	Appleby 4	Oct 12 / 19	Mar 7 / 20	\$423
CanSkate	10 Weeks	Monday	6:00 – 6:50 pm	Appleby 4	Oct 7 / 19	Dec 16/ 19	\$244
CanSkate	10 Weeks	Tuesday	6:30 – 7:20 pm	Appleby 4	Oct 8 / 19	Dec 17 / 19	\$244
CanSkate	10 Weeks	Wednesday	6:35 – 7:25 pm	Aldershot	Oct 9 / 19	Dec 11 / 19	\$244
CanSkate	10 Weeks	Thursday	6:00 – 6:50 pm	Appleby 4	Oct 10 /19	Dec 19 / 19	\$244
CanSkate	10 Weeks	Friday	6:30 – 7:20 pm	Appleby 4	Oct 11 / 19	Dec 13 / 19	\$244
CanSkate	10 Weeks	Saturday AM	10:40 – 11:30 am	Appleby 4	Oct 12 / 19	Dec 14 / 19	\$244
CanSkate	10 Weeks	Saturday PM	4:40 – 5:30 pm	Appleby 4	Oct 12 / 19	Dec 14 / 19	\$244
CanSkate	9 Weeks	Monday	6:00 – 6:50 pm	Appleby 4	Jan 6 / 20	Mar 9 / 20	\$224
CanSkate	10 Weeks	Tuesday	6:30 – 7:20 pm	Appleby 4	Jan 7 / 20	Mar 10 / 20	\$244
CanSkate	10 Weeks	Wednesday	6:35 – 7:25 pm	Aldershot	Jan 8 / 20	Mar 11 / 20	\$244
CanSkate	10 Weeks	Thursday	6:00 – 6:50 pm	Appleby 4	Jan 2 / 20	Mar 12 / 20	\$244
CanSkate	10 Weeks	Friday	6:30 – 7:20 pm	Appleby 4	Jan 3 / 20	Mar 6 / 20	\$244
CanSkate	10 Weeks	Saturday AM	10:40 – 11:30 am	Appleby 4	Jan 4 / 20	Mar 7 / 20	\$244
CanSkate	10 Weeks	Saturday PM	4:40 – 5:30 pm	Appleby 4	Jan 4 / 20	Mar 7 / 20	\$244
PreSchool	10 Weeks	Tuesday	5:40 – 6:10 pm	Appleby 4	Oct 8 / 19	Dec 17 / 19	\$197
PreSchool	10 Weeks	Wednesday	6:45 – 7:15 pm	Aldershot	Oct 9 / 19	Dec 11 / 19	\$197
PreSchool	10 Weeks	Saturday AM	11:40 am – 12:10 pm	Appleby 4	Oct 12 / 19	Dec 14 / 19	\$197
PreSchool	10 Weeks	Saturday PM	4:55 – 5:25 pm	Appleby 4	Oct 12 / 19	Dec 14 / 19	\$197
PreSchool	10 Weeks	Tuesday	5:40 – 6:10 pm	Appleby 4	Jan 7 / 20	Mar 10 / 20	\$197
PreSchool	10 Weeks	Wednesday	6:45 – 7:15 pm	Aldershot	Jan 8 / 20	Mar 11 / 20	\$197
PreSchool	10 Weeks	Saturday AM	11:40 am – 12:10 pm	Appleby 4	Jan 4 / 20	Mar 7 / 20	\$197
PreSchool	10 Weeks	Saturday PM	4:55 – 5:25 pm	Appleby 4	Jan 4 / 20	Mar 7 / 20	\$197
PreCanSkate	10 Weeks	Saturday AM	9:45 – 10:30 am	Appleby 4	Oct 12 / 19	Dec 14 / 19	\$238
PreCanSkate	10 Weeks	Saturday PM	3:45 – 4:30 pm	Appleby 4	Oct 12 / 19	Dec 14/ 19	\$238
PreCanSkate	10 Weeks	Saturday AM	9:45 – 10:30 am	Appleby 4	Jan 4 / 20	Mar 7 / 20	\$238
PreCanSkate	10 Weeks	Saturday PM	3:45 – 4:30 pm	Appleby 4	Jan 4 / 20	Mar 7 / 20	\$238
Adult (Advanced)	10 Weeks	Friday	8:30 – 9:30 pm	Appleby 4	Oct 11 /19	Dec 13/ 19	\$264
Adult (Basic)	10 Weeks	Friday	7:30 – 8:30 pm	Appleby 4	Oct 11 /19	Dec 13 / 19	\$264
Adult (Advanced)	10 Weeks	Friday	8:30 – 9:30 pm	Appleby 4	Jan 3 / 20	Mar 6 / 20	\$264
Adult (Basic)	10 Weeks	Friday	7:30 – 8:30 pm	Appleby 4	Jan 3 / 20	Mar 6 / 20	\$264

***Total Cost includes mandatory Skate Canada Membership and Safe Sport fees. Price will automatically be adjusted if the fees have already been paid for the current skating season.**

Revised: Aug 6, 2019

ALL LEARN TO SKATE PROGRAMS REQUIRE PROPER EQUIPMENT

Please refer to "IMPORTANT NOTICES - Find out what you need section" on the first page of the BSC website.

- CSA approved HOCKEY HELMET (with cage for Pre-School, Pre-CanSkate and CanSkate stages 1-3). Helmets must be worn until the completion of stage 5 (no bicycle helmets).
- Lace up figure or hockey skates with good ankle support (no plastic buckled molded skates)
- Zipped up jacket (preferably no hood)
- Warm nylon mittens or gloves (no hockey gloves)
- Layered nylon pants are best for beginners (preferably no snow pants)

PRE-SCHOOL PROGRAM

This program is an introduction to the ice for children ages 3-4 years. Your child must be 3 by October 1st, 2019. Sessions are 30 minutes in length. We teach your child to get up from a fall while still on the off-ice rubber surface. Stepping onto the ice is a milestone moment for your child. Basics are introduced; sit, stand, balance. We encourage your child to march on the spot which teaches them to shift their weight from one foot to the other. Your child will then master the skill of moving on the ice. They will then develop skills such as turning, jumping, gliding, stopping and backward skating. Each child develops at their own speed. Incentives (certificates, stickers and cookies) will be utilized. Program is taught by NCCP Certified and trained Professional Coaches. This program plants the roots for lifelong participation in skating while promoting physical fitness. Next level is Pre-CanSkate. The number one goal is to have fun while learning! 16 – 24 skaters per session. This program is offered in 2 ten-week sessions.

PRE-CANSKATE PROGRAM

This is an energetic and enjoyable ice skating program for children ages 4 – 5 years. Skaters should be 4 by October 1st, 2019. Sessions are 45 minutes in length. The goal is to develop stronger basic skills; balance, stopping, turning, jumping, forward and backward skating. Incentives (certificates, stickers, cookies etc.) will be utilized. Program is taught by NCCP Certified and trained Professional Coaches. This program is to encourage a lifelong participation in skating while promoting physical fitness. The number one goal is to have fun and develop the many different skating skills to advance to the CanSkate program. 40 – 50 skaters per session. This program is offered in 2 ten-week sessions.

The Pre-CanSkate session is broken down the following way:

- 5 minutes warm-up activities this may be off-ice as well
- 30 minutes smaller group instruction, theme day activities
- 10 minutes cool down activities in 1 large group, Cookie Train

CANSKATE

CanSkate is a dynamic learn-to-skate program for children ages 5 – 14 years. Skaters must be five years of age by the start of the session. Younger skaters may be considered if recommended by the Pre-CanSkate Director. Sessions are 50 minutes in length. Taught by NCCP Certified and trained Professional Coaches with the help of trained Program Assistants. Your child will learn to complete a series of balance, control and agility skills. Taught in six stages of learning that pertain to figure skating, hockey, ringette, speed skating and recreational skating. CanSkate uses nationally-tested and proven curriculum and delivery methods that guarantee skater success in developing stronger basic skills. Participants earn ribbons and badges starting at stage 1 and work their way to stage 6 as they progress through the CanSkate system. Lessons are given in a group format with a maximum coach-to-student ratio of 1:10. Skaters progress at their own rate. Coaches make sessions active using teaching aids, music and a wide variety of activities that create a fun environment that promote learning. Program is designed to have 90% movement. Private lessons are available (a list of Professional Staff is available on our website, or in the BSC office). Maximum 60 skaters per session. This program is offered in 2 ten-week sessions.

The CanSkate session is broken down the following way:

- 5 minutes on-ice warm up as 1 large group
- 40 minutes smaller group instruction - Balance, Control, Agility and Fun Zone station rotations
- 5 minutes large group activity and cool down